

Eczema

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Our second daughter Luiza was born in October 2003. When she was 3 months old she developed eczema on her face and legs. Her face became so bad that her two cheeks were completely open and weeping with eczema. Our GP gave Luiza a course of antibiotics and a steroid cream and told us to use the cream sparingly. However to keep the rash under control I found I needed to use the cream several times every day and I became really anxious to find an alternative to steroidal cream.



My mother-in-law, in Portugal, advised me to buy some Aloe Vera, she said it was fantastic for healing the skin, however I couldn't find pure Aloe Vera, only products with small amounts of Aloe Vera added to them. Then when Luiza was 5 months old, a friend who was visiting told me she bought fantastic Aloe Vera Products (**Aloe First** and **Aloe Gelly**), from her neighbour, she said they were brilliant for her 2 year old daughter when she had bumps and falls. She hosted a product night shortly after that and I went along and was recommended the **Aloe Propolis Crème** for Luiza's eczema.

I started by using the **Aloe Propolis Crème** on Luiza's legs for the first week and then on her face. I cut down every day on the amount of cortisone cream I was using and after two weeks, I was only using the **Propolis Crème**, which I applied almost every hour to her face as this was the worst affected area. It was amazing to see how the **Aloe Propolis Crème** healed her face. This did not happen over night, but over the space of around 6 weeks, everyday there was an improvement and you could see



the skin repairing itself naturally and her face just looked better every day. What is really brilliant about this product is that it kills infection, which makes it fantastic for treating eczema when the skin has become cracked and open. I breast fed Luiza until she was over 11 months old and as I started drinking **Aloe Vera Gel** around the same time as I started using the **Aloe Propolis Crème**, she was getting the added benefit of the **Aloe Vera Gel** through the breast milk.

“with the FLP products we got brilliant results”

We also took Luiza to two Complimentary Medicine Practitioners who traced the root cause of the eczema and together with the FLP products we got brilliant results. By the time Luiza was 10 months old, the eczema had completely cleared, and now we only get very mild outbreaks, usually triggered by food. We apply **Aloe Propolis Crème** immediately and the rash fades away within an hour. Another great FLP product which we use for Luiza's hair and body is the **Aloe Liquid Soap**, we find it's incredibly gentle and non-irritating on her skin, unlike some of the other products we were recommended to use.



My advice for using the **Aloe Propolis Crème** is to start slowly and build up to applying the cream as often as possible until the rash is under control, initially I applied **Aloe Propolis Crème** at least every hour to Luiza's face, and now that the rash has cleared up we continue to use it morning and evening as a moisturiser. I was determined that I would find a natural product that I could use for Luiza's skin as an alternative to a steroidal cream and I am delighted to be able to recommend these products to everyone who has eczema. Now I feel guilty if I pass a person or child with eczema and I don't go over and tell them or their parent about these products, particularly as I am so thrilled that my friend told me.

Remember, every product testimonial featured in our Forever magazine receives a free Jonathan Day ticket. If you would like to share your testimonials with other Distributors please submit this in writing to Head Office using the Testimonial form available on our website at www.flpireland.com, or from Head Office on request. Before and after photographs are always a welcome extra.